



About Our Program

HomeSchool Gym and Swim is a great way to learn different sports and skills while having the opportunity to exercise and socialize in a fun and safe environment. In this session, children will learn a little bit from a multitude of different sports. Some of those sports could include but are not limited to pickleball, basketball, ultimate frisbee, fitness, lacrosse, soccer, swimming, and so much more.

Other Programs Offered

Parent's Night Out
Gymnastics
Lacrosse

Swim Lessons
Swim Team
Volleyball

Have Questions?

Contact Program Director Kelly K.

803.537.5063

kellyk@newberryymca.org

Available Sessions

Session 1:
January 9th- February 3rd

Session 2:
February 27th- March 24th

Session 3:
April 24th- May 26th

Tuesday & Thursdays 11am- 12pm

AGES 5 to 14 welcome

Members \$25
Potential Members \$40
Sibling Discounts Available

Limited space available- Register at the front desk

8220 Jollystreet Road, Newberry SC 29108



HomeSchool Gym and Swim



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Pool Safety



The YMCA takes safety very seriously. Water is a powerful force, but we can learn to safely move in it. Therefore, you can expect the following safety precautions:

- Lifeguard on duty at all times
- Pre-swimming water safety and expectations discussion on first day before entering water
- All children under 48 inches required to wear a lifejacket (or pass a swim test)
- All lifejacketed children AND children who have not taken and passed the swim test are limited to the shallow end of the pool
- Only children who have taken and passed the swim test will be permitted to swim in the deep end of the pool

Swim Test

1. Swim from shallow to deep end of the pool
2. Get out of the pool at the deep end
3. Jump into the deep end and balance out
4. Tread water in the deep end for 30 seconds
5. Float on back for 1 minute
6. Pull yourself out of the pool using your arms only

* Children may attempt the swim test more than once throughout the program.

What to bring

- ✓ Weather appropriate clothes to move in
- ✓ Close-toed shoes for running
- ✓ Swimsuit for swim days
- ✓ Towel
- ✓ Goggles (optional)
- ✓ Drawstring bag or book bag (holds everything together!)

Please leave all cell phones, toys, and electronics at home or in the car. The YMCA will not be held responsible for lost items

Behavior Policy

A child's behavior is expected to be consistent with the following:

- Use appropriate language at all times
- Cooperate with staff and follow directions
- Respect other children and staff, equipment and facilities, and yourself
- Maintain a positive attitude
- Stay in the program areas- running away is not acceptable

Behaviors that may result in immediate dismissal include, but are not limited to:

- Actions that threaten physical/ emotional safety of child, other children or staff
- Fighting (includes shoving and intimidation)
- Possession of a weapon of any kind
- Vandalism or destruction of property
- Inappropriate conduct
- Swearing or cursing
- Possession of alcohol or controlled substances unless under the prescription of a doctor
- Running away
- Hitting, kicking, or biting