

# GROUP

SUMMER 2024  
SWIM LESSONS

AGES: 3-12  
\$125/MEMBER  
\$150/NON-MEMBER

REGISTRATION  
ENDS:  
MAY 31, 2024

\*\*IF ANY LESSONS ARE MISSED THEY WILL NOT BE MADE UP, UNLESS THEY ARE CANCELLED ON THE YMCA'S BEHALF.\*\*

## SESSION 1 (TUESDAYS)

### LESSON DATES

- JUNE 11, 18, 25
- JULY 9, 16, 23

## SESSION 2 (WEDNESDAYS)

### LESSON DATES

- JUNE 12, 19, 26
- JULY 10, 17, 24

## SESSION 3 (THURSDAYS)

### LESSON DATES

- JUNE 13, 20, 27
- JULY 11, 18, 25



## Youth Beginner (Ages 10-12)

(9:15am-10:00am)

- 1:5 Instructor to Student Ratio

CLASS GOALS INCLUDE WATER ADJUSTMENT AND BASIC SKILLS, BLOWING BUBBLES, 5 STROKE INTRODUCTION, FULL BODY SUBMERSION, FLOATING, JUMP IN DEEP END CONFIDENTLY, AND WATER TREADING.



## Elementary Beginner (Ages 6-9)

(11:15am-12:00pm)

- 1:4 Instructor to Student Ratio

• CLASS GOALS INCLUDE LEARNING TO SUBMERGE VOLUNTARILY, JUMPING IN PROPERLY, PADDLING WITHOUT SUPPORT, MASTERING FRONT /BACK FLOAT, REVIEW EXIT/ENTRY, PROPER BREATHING TECHNIQUES, AND SHORT INTRODUCTION TO FRONT / BACK CRAWL STROKES.



## Preschool Beginner (Ages 3-5)

(12:15pm-1:00pm)

- 1:3 Instructor to Student Ratio

• CLASS GOALS INCLUDE LEARNING TO SUBMERGE VOLUNTARILY, JUMPING IN PROPERLY, PADDLING WITHOUT SUPPORT, MASTERING FRONT /BACK FLOAT, REVIEW EXIT/ENTRY, PROPER BREATHING TECHNIQUES, AND SHORT INTRODUCTION TO FRONT / BACK CRAWL STROKES.



REGISTER AT THE FRONT DESK IN THE  
MAIN BUILDING OF THE NEWBERRY  
COUNTY FAMILY YMCA .

WWW.NEWBERRYYMCA.ORG/(803)276-9936  
8220 JOLLYSTREETROAD, NEWBERRY, SC, 29108

• Goggles and Swim Suit required

• NO SWIMMING MASK ALLOWED

